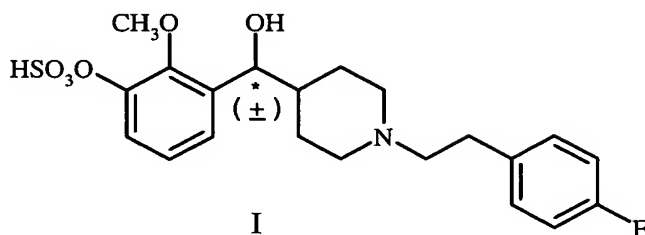


What is claimed is:

1. A method of isolating a compound of formula I or its enantiomers from an appropriate sample comprising the steps of:

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a) collecting the sample from a patient wherein the patient has been administered a therapeutically sufficient amount of (+)- α -(2,3-dimethoxyphenyl)-1-[2-(4-fluorophenyl)ethyl]-4-piperidinemethanol;

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b) optionally preparing the sample for isolation of the compound of Formula I or its enantiomers; and

c) isolating the compound of Formula I or at least one enantiomer from the sample.

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2. A method according to claim 1 wherein the sample is plasma.

3. A method according to claim 1 wherein the sample is urine.

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4. A method according to claim 1 wherein isolating is by chromatography.